### WHAT TO WATCH FOR:
**Boundary Violations and Inappropriate Behavior**

<table>
<thead>
<tr>
<th>PHYSICAL</th>
<th>EMOTIONAL</th>
<th>BEHAVIORAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>- Touching too much, long hugs, or kissing a child</td>
<td>- Being possessive or controlling</td>
<td>- Seeking time alone with a child or private messaging</td>
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<tr>
<td>- Tickling a child, wrestling, or horseplay</td>
<td>- Treating a child like a boyfriend or girlfriend</td>
<td>- Using crude or inappropriate language with a child</td>
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<tr>
<td>- Massaging or pulling onto lap</td>
<td>- Being emotionally volatile with children</td>
<td>- Encouraging a child to break the rules or keep secrets</td>
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</tbody>
</table>

### HOW TO INTERRUPT:
**Boundary Violations and Inappropriate Behavior**

<table>
<thead>
<tr>
<th>BLOCK ACCESS</th>
<th>POLITE CONFRONTATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>- Call your child to you; move in between the adult and your child; pick up your child; or ask the adult to give him or her to you.</td>
<td>- Give an instruction to cease behavior with a matter-of-fact explanation of the inappropriate behavior; avoid saying “would you mind” or “could you”.</td>
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<tr>
<td>- Follow and stay with your child; encourage situations where at least two adults are present.</td>
<td>- Don’t apologize for having rules to keep your child safe.</td>
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<tr>
<td>- Pay attention to who is in your child’s life; monitor social media and texting activity.</td>
<td>- If the behavior repeats, take the time to get a commitment from the adult to cease the behavior.</td>
</tr>
</tbody>
</table>

### IMPOLITE CONFRONTATION

- Give a more direct instruction to cease the behavior using fewer words.
- Use the adult’s name to get his or her attention; use a firm tone of voice and maintain eye contact.
- Get a commitment from the adult that he or she will not continue this behavior.

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Healthy Relationships

Truly healthy relationships have most, if not all, of the following characteristics. If your relationship does not have these qualities, check the section for characteristics of unhealthy relationships.

- We both like each other similarly.
- We share common interests and experiences together.
- My friend has other friends.
- My friend welcomes new friends to spend time with us.
- My friend treats other people with dignity and respect.
- I can count on my friend to keep his or her word.
- My friend stands up for me.
- My friend is there for me in good times and bad.
- My friend encourages me to do the right thing.
- My friend tells the truth.
- My friend has my best interests at heart.

Unhealthy Relationships

If two statements are true, the relationship has the potential to be unhealthy. If three or more are true, the relationship has characteristics of a destructive, controlling, or unhealthy relationship.

- My friend sometimes tries to hurt me emotionally.
- My friend makes unrealistic demands on my time.
- My friend tries to control me.
- I spend time worrying about this person or my relationship.
- My friend tells me who to spend time with.
- It seems like my friend takes more than he or she gives.
- My friend has threatened me or tried to intimidate me.
- When my friend gives me a gift, he or she expects something in return.
- My friend sometimes talks behind my back.
- My friend wants me to do things that will get me in trouble.
- I feel guilty or afraid when I spend time with my friend.

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