

Appendix E:

Sample Program Ideas

Faith Programs

Into the Breach

- o Into the Breach is a call to battle for Catholic men which urges them to embrace wholeheartedly masculine virtues in a world in crisis

Adoration

- o Consider beginning the recovery efforts with a 24-hour adoration led by Knights for the whole parish

Rosary

- o Invite members and parishioners to pray the rosary after some parish Masses. This program can be done monthly or quarterly

Blessed Michael McGivney Prayer Hour

- o Celebrate the beatification of Blessed Michael McGivney through a special prayer hour open to the whole parish

Spiritual Reflection

- o Retreat or half day of reflection for men of the council and parish

Family Programs

Family of the Month

- o Recognize a council / parish family that models Christian family values

Food for Families

- o Council and parish families raise funds and supplies to support their local food pantries

Family Prayer Night

- o Council / parish families gather for prayer, food, and fellowship

Community Programs

Helping Hands

- o Support those in need in a manner that best serves local circumstances

Free Throw/Soccer/Hockey Championship

- o Competitions for boys and girls

Habitat for Humanity

- o Team with Habitat for Humanity if they are building homes in your area for families in need

Life Programs

Pregnancy Center Support

- o Support a local pro-life pregnancy center

Novena for Life

- o Lead your community in the spiritual fight to establish a culture of life

Mass for People with Special Needs

- o Celebrating a Mass for People with Special Needs can be the first of many steps toward integrating them into regular weekly or even daily Mass

The [Remote Programming Supplement](#) has additional suggests and is a guide for expanded participation.